

# BUCKET FILL-OSOPHY 101™

Weekly words of wisdom to keep your bucket filled

August 8-14, 2007 • Volume 1, Issue 1

## PRESENTATIONS June - July 2007

- Lapeer Schools Summer Program, Lapeer, MI
- Northville Schools Kids' Club, Northville, MI
- Pine Hills Summer Camp, Brighton, MI
- Southeast Elementary School, Valdosta, GA
- Wesley House Early Childhood Conference, Key West, FL
- W.G. Nunn Elementary School, Valdosta, GA

## Bucket Fillers' Sessions through 07/31/2007

Sessions Taught: 374  
Attendance: 29,240

## UPCOMING EVENTS

Saturday, August 18, 5-6p.m., The Book Man, Grand Haven, MI.  
Book Signing

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Designed & edited by Glenn Merillat

Welcome to *BUCKET FILLosophy 101* and thank you for signing on to receive our weekly letter. Our hope is that, in a few short minutes each week, you will be uplifted and inspired to live a happier and better life as a bucket filler.

*BUCKET FILLosophy* will be thought provoking. Our lives are shaped by what we think (which becomes what we say, which dictates what we decide and what we do). When you change just one thought to the positive, your feelings and your reactions change to the positive.

*BUCKET FILLosophy* will share ideas for the home, workplace, classroom and community. We hope you will share your ideas too. We're changing, growing and learning, and we know you are too, through this very simple and very profound concept.

Carol McCloud and the Bucket Fillers Team

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## Bucket Nuggets—Little Gems of Joy

*The Scissors* by Kathy Martin, M.A.

Every five weeks Eddie takes care of my hair. The cutting and coloring, the blow drying and styling. It's not a high fashion style but I get high fashion service. Eddie's been filling my bucket for the past three years...

It seemed that Eddie was in a contest to win a pair of scissors, very expensive, top of the line scissors. I could tell by the way he talked to me about them that becoming the owner of them would make him very happy. My part in this was to buy hair products from him. Needing the product anyway and being a pushover, I made the purchase.

Bureaucracy is slow, but Eddie was assured that he would soon be the proud owner of "the scissors" and I was assured that my hair would be the first to be cut with them, what Steven Covey calls a WIN-WIN situation.

But there seemed to be a problem...someone at headquarters had spoken too soon, there had been a miscalculation, and the scissors had slipped from Eddie's fingers, or so it seemed...

He was so disappointed. What could I do, if anything? I contacted his manager who gave me the name of an individual at corporate headquarters in Toronto, Canada and I made a call.

Long story short...A gentleman from corporate headquarters in Canada paid Eddie a visit. He came bearing a well-deserved gift for my friend Eddie.

Bucketfilling...is taking the time to do something that positively impacts another's life.

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## Quote of the Week

The human spirit rises and soars with encouraging, bucketfilling words.

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## Winners!

Ken Rogers of Oak Park, Michigan is our **Bucket Filler of the Week**. Ken took the time to let us know that the *Sign Up* button on our website had stopped working. Because of Ken, we were able to fix it. Thanks for filling our bucket, Ken! You've won an autographed copy of our *bucket* book.

Every bucket filler is a winner. Encourage your friends to *Sign Up* to get their bucket filled every week at [www.bucketfillers101.com](http://www.bucketfillers101.com).