

BUCKET FILL-OSOPHY 101™

Weekly words of wisdom to keep your bucket filled

Week of December 9, 2007 • Volume 1, Issue 19

Making a Difference Presentation Update:

November 2007 Sessions: **37**
Attendance: **6,800**

- Alaedon Elementary, Mason, MI
- Ameriprise Financial Group, Novi, MI
- Bucket Fillers Celebration, Hartland, MI
- Cardinal Elementary, Muskegon, MI
- Climax-Scotts Elementary, Scotts, MI
- Deerfield Elementary, Novi, MI
- Emerson Elementary, Fraser, MI
- Galewood Elementary, Charlotte, MI
- Hidden Springs Church MOPS Program, Howell, MI
- Kennedy Elementary, Livonia, MI
- Las Positas College Early Childhood Conference, Livermore, CA
- McComb Elementary, Caro, MI
- Moraine Elementary, Northville, MI
- Our Lady of Sorrows School, Farmington Hills, MI
- Our Lady of the Lakes School, Waterford, MI
- Patchin Elementary, Westland, MI
- Peach Plains Elementary, Grand Haven, MI
- Roosevelt and Kennedy Elementary School Teachers, Livonia, MI
- Twin Lakes Elementary, Twin Lake, MI
- United Methodist Church Mom's Group, Northville, MI
- Washington Elementary, Charlotte, MI
- Woodland Meadows Elementary, Saline, MI

Total Bucketfilling sessions taught through November 30, 2007
Sessions Taught: **516**
Attendance: **50,650**



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Bucket Nuggets from Carol McCloud, The Bucket Lady

His words live on...

This week we hear from Bucketfillers Team member, Katherine Martin, MA. She writes about a man many of us remember as a friend and mentor through his writings and personal appearances.



Dr. Leo Buscaglia
1924-1998

Dr. Leo Buscaglia was a bucketfiller in every sense of the word. While I have never met him or heard him speak, I feel that I know him after reading his book, **"Born for Love"** and an interview reprinted on the **In Touch Magazine** web site, www.intouchmag.com.

While teaching at the University of Southern California, a student's suicide led him to contemplate human disconnectedness and the meaning of life. He began a non-credit class called Love 1A at USC. A little internet research tells us that he believed social bonds are essential. He felt that these bonds not only help us transcend the stresses of everyday life, they span the communication gap between generations and can enrich the lives of those who live in poverty.

His philosophy is apparent in this excerpt from an **In Touch Magazine** interview:

ITM: You state in your book, **"Born for Love"**, that **"It is when we ask for love less and begin giving it more that the basis of human love is revealed to us."** Would you elaborate on that?

Dr. Buscaglia: **"The essence of love is getting out of oneself and into others. When we care less about our feelings, our rights, our happiness, our security, etc., and begin to concern ourselves with the feelings, rights, happiness, and security of others, we have found the true power of love."**

This exuberant, caring man, who would hug his entire audience at the end of his appearances, also said, **"It's not enough to have lived. We should be determined to live for something. May I suggest that it be creating joy for others, sharing what we have for the betterment of personkind, bringing hope to the lost and love to the lonely."**

He did that "something" so very well and...

...it sounds a whole lot like bucketfilling, doesn't it?

This week's winners

Congratulations!



Susan Knight and **Kristen Grebinski**, Music Directors of Novi Meadows School in Novi, Michigan are our Bucket Fillers of the Week. Susan and Kristen directed the 5th and 6th graders in a fantastic musical ensemble entitled, **"It Starts in the Heart"** on November 14, 2007. Bucket filling was the theme of the concert.

Every bucket filler is a winner! Encourage your friends to get their buckets filled every week by signing on for our newsletter at

www.bucketfillers101.com.

Quote of the Week

"A positive attitude is like an ice cube in the sun, it can melt away your problems."—**Cosman Fosdick Sobran, Novi Meadows School, Novi, Michigan.**