

# BUCKET FILL-OSOPHY 101™

Weekly words of wisdom to keep your bucket filled

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## Making a Difference

BUCKET FILLING

### And the ripples widen

This week we hear from Cheri Palko, a School Counselor for Ottawa Hills Elementary in Toledo, Ohio.

"I've been reading your book to the students of my school and experiencing great success.

The children enjoy, understand and are applying the bucketfilling message to their daily lives.

I am fortunate to be a school counselor in a great school district (recently rated #1 in the state of Ohio by the Ohio Department of Education).

Our children are encouraged to share the concept of bucket filling with their families.

The response to your book has been amazing and the community is now being touched.

As a professional in the field for the past 20 years, it's rare to find the tools that create the ripple effect like your book has."

### BUCKET CHUCKLES

#### Good (?) Advice:

- If you can't fix it with a hammer, you've got an electrical problem.
- Avoid cutting yourself when slicing vegetables by getting someone else to hold them while you chop.
- You only need two tools in life—WD-40 and duct tape. If it doesn't move and should, use the WD-40. If it shouldn't move and does, use the duct tape.



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Bucket Nuggets from

Carol McCloud, The Bucket Lady

## Teach them carefully

**April 7, 1949.** Nearly 60 years have passed since Rogers and Hammerstein's musical, *South Pacific*, lit up broadway. Many of us don't remember or know that the lyrics of the song, "You've Got to Be Taught," nearly prevented the show from being produced—

*You've got to be taught to hate and to fear, You've got to be taught from year to year, it's got to be drummed in your dear little ear. You've got to be carefully taught.*

*You've got to be taught to be afraid of people whose eyes are oddly made—and people whose skin is a different shade. You've got to be carefully taught.*

*You've got to be taught before it's too late, before you are six or seven or eight, to hate all the people your relatives hate. You've got to be carefully taught!"*



**Flash forward to the closing days of 2008.** Our children continue to be carefully taught...**to love.** We see it in every assembly we give; the majority of elementary school children are eager to fill buckets with love and kindness.

Bucket Fillers team member, Kathy Martin, M.A., has a grandson who is a wonderful example of just how dramatically the landscape has changed—

*"At least once a week, I have a very special date with my grandson. After I knock, the door opens and there stands Jacob, who greets me with an exuberant, 'Come on in!' Jacob, at two years and four months, is already a bucket filler.*

*He wasn't born a bucket filler; he's been learning about it during the past 28 months of his life. When he was first born, my son, John, and his wife, Heather, did a remarkable job of parenting, attending to his needs, spending time with him, loving him.*

*And now, a toddler, he walks around in our hearts, putting his dirty clothes in the hamper before bath time, sharing his animal crackers, and making tissue butterflies for his baby sister, Brooklyn.*

*He's already learning that life isn't simply about him, it's also about others.*

*He's learning to be a bucket filler.*

*Hopefully, along with learning the alphabet, colors, and tying shoes, bucket filling will become a developmental building block taught by all of us who play a special role in the life of a child. After all, happy lives require happy relationships. Children need love. They also need to learn how to express love to others."*

*They have to be carefully taught.*



#### This week's winners

## Congratulations!

**Jennifer Grabot**, of Pleasant Prairie, Wisconsin, is our Bucket Filler of the Week. Congratulations, Jennifer! You have a book coming your way. Every bucket filler is a winner! Encourage your friends to get their buckets filled every week by signing on for our newsletter at

[www.bucketfillers101.com](http://www.bucketfillers101.com).

#### Quote of the Week

**"Children need love, especially when they don't deserve it." Herbert Hoover**