



BUCKET LESSONS

Sharing Bucketfilling Ideas

Lesson #8, April 2009



This lesson comes from Veronica Gutierrez, counselor for Wilshire Elementary in San Antonio, Texas.

This year, Veronica incorporated bucket filling into national school counselling week a reads *Have You Filled a Bucket Today?* as part of her guidance program.

We'd love to share your bucketfilling idea or ideas with our readers.

Email us—

info@bucketfillers101.com

Be sure to include:

1. Your name, city and state
2. Name of your school
3. Grade and subject you teach
4. Photo(s) (optional) that illustrate your lesson(s)



Buckets of love

1. Place a bucket, decorated with hearts in your classroom.
2. Create a paper heart for each student. Print one characteristic of a **bucket filler** *or* a **bucket dipper** on each heart.
3. Ask your students to decide, based on the characteristic they received, whether or not they should place their heart in the bucket. (Only bucketfilling hearts go in the bucket.)
4. Follow up by encouraging your students to be bucket fillers. Have them write a note of kindness and appreciation to a bucket filler in their life.

Use the space below to evaluate the lesson and/or summarize your preparations for it


