



Bucket Fillosophy® 101

Words of Wisdom to Keep Your Bucket Filled

Volume 9, Issue 12
June 7, 2015

Wrapping Up the Year

Dear Fellow Bucket Filler,

As we wrap up another school year, we would like to thank those readers who expressed appreciation for our recent series of e-newsletters devoted to emotional intelligence. These letters explained that, although our first reaction to any event is always an emotional one, it is our own thoughts and actions that follow that most impact the happiness level in our bucket. When we practice choosing kindness in response to unkind remarks or behaviors, we take the high road and keep our buckets full.

(The full series is posted on our website [here](#).)

As we close our ninth year, we celebrate nine big milestones that show how bucket filling continues to ripple around the world:

1. **Circle of Light: Songs for Bucket Fillers:** Famed international children's songwriter and singer Red Grammer (who also gives bucketfilling concerts) recently produced the first CD of bucketfilling songs.
2. **The Bucket Squad:** The first K-5 bucketfilling curriculum book recently written by Lisa Hansen, M.S., is being used in schools worldwide.
3. **Have You Filled a Bucket Today? The Play:** Ann Marie Gardinier Halstead's theatrical script, with sold-out performances world-wide, continues to gain attention.
4. **Bucket Filling Organizations:** Our dedicated team of presenters has now reached 1,000 schools and organizations committed to bucket filling.
5. **Global News:** We presented the first bucketfilling sessions in schools in Beijing, China.
6. **Have You Filled a Bucket Today?** reached ONE MILLION copies sold.
7. **Have You Filled a Bucket Today?** was published in simplified Chinese.
8. **BABY'S BUCKET Book:** Our first infant/toddler bucketfilling board book illustrates the effects of loving exchanges in a child's life.
9. **My Very Own Bucket Filling from A to Z Coloring Book:** Our first activity book was created to engage children in dozens of bucketfilling activities.

This is just a small part of our bucketfilling "happy" list and does not begin to tell the whole story. The enthusiasm for bucket filling that continues to grow in the hearts of people around the world is due to the commitment of our team, distributors, partners, customers, and you, our readers, that have a special place on our unending happy list.

You can make your own happy list. Jot down two or three great things that happen each day and watch your bucket fill.

We'll be back this fall with more great e-newsletters. Have a bucketfilling summer!

Carol McCloud and the Bucket Fillers Team



Our Bucket Filler of the Week*

Maggie Nofall from Cold Lake, Alberta, Canada

*E-newsletter winners are randomly selected to win a free book!

Bucketfilling Showcase



This week's picture was shared with us by Kerri Mullen Fletcher, who teaches junior kindergarten at **Derbyshire Preschool** in **Richmond, Virginia**. As you can see by the picture, Kerri loves sharing the bucketfilling message with her students and their parents!

We invite you to showcase your organization's bucket filling in our e-newsletter. Email a picture of your bucketfilling bulletin board, mural or other artwork to info@bucketfillers101.com.

Most of our subscribers are educators looking for classroom ideas. We have many ideas on our [Free Resources](#) page. Our books and other items are available for [purchase online](#). If there is something you are particularly interested in, please [contact us](#). At the request of many readers, past e-newsletters are available on our [website](#).

Sincerely,

The Bucket Fillers Team

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