



# Bucket Fillosophy<sup>®</sup>

*Weekly Words of Wisdom to Keep Your Bucket Filled*

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## What you give is what you get

What fills your bucket the most? Love, laughter, fun, hope, acceptance, encouragement, understanding, appreciation, respect, or kindness?

If you need any of these ten “bucket fillers,” start giving them to others. If you want love, give love. If you want appreciation, show appreciation. Be deliberate about filling other people’s buckets and watch your bucket fill.

*Fill Your Bucket Today!*

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**Bucket Fillers**

