



Bucket Fillosophy®

Weekly words of wisdom to keep your bucket filled

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Bucket Filler Sessions Continue



Dr. Leo Buscaglia once said, “Our purpose in life is to help our fellow human beings. And, if you can’t help them, at least don’t hurt them.” In other words, our job is to fill buckets, not empty them. In doing so, we help ourselves, too.

Bucket filling is a simple, concrete, and effective concept that helps children quickly understand that what they say and do affects others.

That’s just one reason I am so excited to see Bucket Filler Sessions being scheduled for the 2022-2023 school year through Maria Dismondy and Cardinal Rule Press.

Last fall, Maria and I joined forces, and our dynamic speakers are now ready to travel nationwide with local visits possible in MI, CA, FL, CO, and Canada’s BC area. Virtual visits, keynotes, and more are available.

Since 2006, more than 2,000 schools and conferences have held Bucket Filler training to help create Bucketfilling Schools that focus on kindness and respect for all.

For details, [email info@cardinalrulepress.com](mailto:info@cardinalrulepress.com) or call (313) 365-0525.

Author Carol McCloud



Bucket Fillers

